



Saving energy at home

Be smarter with your energy usage

Saving energy at home is one of the easiest ways to get cheaper energy bills. The less energy you use at home the more money you will save.

Many household appliances such as microwaves, phone chargers, modems, kettles and toasters don't use much energy.

The appliances that use the most energy are the ones that heat and cool, such as heaters and air-conditioners. Here are some tips on how to minimise the cost of these appliances while staying comfortable in your home.

How to save money on heating and cooling

- Always turn the heating or cooling off overnight or when you are not in the room. Don't pay for heating and cooling that you are not using.
- Close doors to areas of your home that you are not using. The smaller the space, the cheaper to heat and cool.
- Close your curtains to help keep the heat in during the winter, and the warmth out in summer.
- Try blocking up gaps around your doors and windows.

Energy Saving Tips



When you do the washing, use a cold-water wash instead of a hot-water wash. This can save you about \$115 a year.



20°C

Set your heater to 20 degrees.



If you have an air conditioner that heats as well as cools, use it to heat. These use less energy than plug in heaters and gas ducted heaters.



Use electric blankets or throws instead of turning on your heating. It's around 20 times cheaper than a heater.



24°C

Set your air conditioner to 24 degrees to save money and stay comfortable.



Fans are a cheap way to cool your home. They are 20 times cheaper to use than an air conditioner.



If you have outside blinds, put them down during summer to keep out the hot sun.

Struggling with bills and need help switching to a better energy plan?

Phone **1800 161 215** to get free one-on-one support through the Victorian Government's Energy Assistance Program. Visit www.energy.vic.gov.au/for-households/energy-assistance-program